



# MEN'S LEAGUE - *Rules & Regulations*

***\*NO OUTSIDE FOOD OR DRINK ALLOWED IN BUILDING\****

## **GAME TIME**

- Structure - (4) ten minute running clock quarters. Clock stops in the last two minutes of the game if score is within ten points.
- Overtime – 1<sup>st</sup> overtime is two minutes, 2<sup>nd</sup> is sudden death
- Time Outs – three per game used whenever by each team, thirty seconds each.
- Subs – only allowed on a dead ball.

## **FOULS**

- **Technical Fouls**
  - 1<sup>st</sup> offense: Given immediately if swearing/trash-talking occurs on or off court. This will result in an automatic two points plus ball. Offending player must sit out the remainder of the quarter and the next and will not be allowed back in the game until \$5.00 fee is paid to front desk/league director.
  - 2<sup>nd</sup> offense: If second technical is issued, the player must sit out the remainder of the game and pay \$10.00 fee before leaving the building. Player must also set up a time to meet with the league director regarding player issues before returning to league play.
- **Personal Fouls**
  - Shoot one-and-one at seven team fouls and two shots for ten team fouls.
  - Players are removed from the game after five personal fouls.

## **MISC.**

- **Team captains must submit a credit card** that is valid for payments that we don't receive in full at time of registration that we can charge for the remaining balance if team is not paid in full by the last week of the session.
- **All teams must have matching color uniforms with numbers for each player.** Players without uniforms or numbers will not be allowed to play. Jerseys are available to rent at the front desk.
- **Proper athletic shoes** must be carried, not worn, into the building. Please change shoes prior to entering courts or fitness areas.
- **No food or drink is allowed beyond the concession area.** Only water is allowed on the courts.
- **Only fitness members are allowed in fitness rooms!**
- **We are not a daycare facility-** we require parents to keep children with them on bleachers throughout their visit. We will not tolerate unsupervised children running throughout the facility.
- **No fighting, swearing or trash-talking** will be tolerated.
- **Respect the play** of those on your court and all other courts.
- **Respect the officials** - without them, your games would not be possible.
- **Dunking** is limited to games only – absolutely **no hanging on rims!**
- Drugs and alcohol are not allowed. (We do not condone and **will not allow any use of drugs and alcohol** on the property)
- **The Courthouse staff reserves the right to expel any players** that demonstrate inappropriate conduct or do not follow rules of the league or facility without refund. No exceptions!

***If you have any comments, questions, or concerns about rules & regulations, please see a manager.***